

VIDEO TAPING GUIDELINES

Use these guidelines when recording and submitting your routines for your virtual event.

PREPARE

- Secure a location.
- Make sure you have a large enough space reserved to record your routines.
- We recommend a full gym or space that allows you to record at an elevated angle (see example photo below). This is not required but encouraged.
- Plan for your dancers to be in full makeup, hair, and costuming.

RECORD

- Make sure no passerby enters your frame while recording and that there is no background noise.
- High-end filming equipment is not necessary. We recommend using a smartphone or tablet.
- Set up your centered camera in an elevated area.
- Turn your camera **horizontal**.
- Your camera frame should include all dancers throughout the entire routine. Make sure to not cut out the dancer's feet from your frame.
- Make sure the video is being recorded in high definition: 1080p and in either 24, 30 or 60 frames per second.
- Make sure the room is well lit.
- Your music should be loud and audible in your recording so that the judges can hear.
- Start your recording when your dancers are in their beginning positions (you may record a walk-on, but judging will not start until the music begins).
- If possible, do not move the camera to follow dancers while recording. Aim to fit all dancers in the frame and keep the camera stationary - utilize a tripod if possible (we understand this may not be possible due to space limitations).
- Once the routine has finished and the dancers have hit their last position, you may stop your recording (you may record a walk-off, but judging will stop when your routine has ended).

Example of Camera Angle and Frame:



We encourage you to follow these guidelines, however, there will be no penalty if you choose or are unable to follow every guideline. Just remember that the judges will only be able to judge what they can see on your recording. For example, if the judges can't see your dancer's feet in your recording, it will negatively impact their technique score. If the recording doesn't show your entire team for the whole routine, it will negatively impact all scores based on how many dancers are missing from the frame and for how long. You may wish to consider zooming in on your dancers when it is in a close formation to better show facial expressions and projection.